

# Clearblue™

## Pregnancy Test

Digital Early Detection

### with + or - RESULT

- Over 99% accurate from the day of your expected period.
- Can be used from 5 days before your missed period.
- **Please read this leaflet carefully before doing a test.**

## 1 Do the test

**If testing from the day of your expected period, you can test at any time of the day.**

**If testing before the day of your expected period use the first urine of the day.**

- When you are ready to test, remove the test stick from the foil wrapper and take off the blue cap. Use the test stick straight away.
- Throughout testing never hold the test stick with the absorbent tip pointing upwards.



### EITHER

#### Test in your urine stream

- Place just the absorbent tip pointing downwards in your urine stream for 5 seconds only.
- Take care not to get the rest of the test stick wet.
- Keep the absorbent tip pointing downwards or lay the test stick flat until your result appears.
- You may wish to replace the cap.



OR

#### Collect a sample of your urine in a clean, dry container

- Place just the absorbent tip pointing downwards in the urine, as shown, for 20 seconds only.
- Keep the absorbent tip pointing downwards or lay the test stick flat until your result appears.
- You may wish to replace the cap.



## 2 Wait...

- The wait symbol will flash to show the test is working.
- When the wait symbol stops flashing your result will appear. If the wait symbol does not appear after you have used the test, refer to Q5 in the Questions and Answers (Q&A) overleaf.



## 3 See your result

- Within 3 minutes, the display will show your result. Some results may be shown in as little as 1 minute.
- Your result will remain on the display for approximately 24 hours.



If your result is '+' refer to Q7 in the Q&A.



If your result is '-' refer to Q8 in the Q&A.

### Test errors

Please read the section 'Test errors' overleaf if you have used the test stick and the display shows the following:



Book Error



Blank Error

### Disposing of your Clearblue™ Digital Early Detection Pregnancy Test

- Before disposing of your test, remove the battery from the test stick. Insert a coin into the slot on the back of the test stick. Break open the plastic circle.
- Remove the battery and dispose of it according to the appropriate recycling scheme. Caution: Do not disassemble, recharge, or dispose of the battery in fire. Do not swallow. Keep away from children.
- Dispose of the rest of the test stick according to the appropriate recycling scheme for electrical equipment.
- Do not dispose of electrical equipment in fire.



**Questions and Answers** - Please read the section overleaf which answers the most frequently asked questions.

## Questions & Answers

### 1 How accurate is Clearblue™?

The test is over 99% accurate in laboratory tests, when used from the day of your expected period.

### 2 How does Clearblue™ work?

When you are pregnant your body produces the pregnancy hormone hCG (human Chorionic Gonadotrophin). The amount of hCG in your body increases in the early stages of pregnancy. This test can detect tiny amounts of this hormone in your urine.

### 3 When can I test with Clearblue™ Digital Early Detection?

The pregnancy hormone increases rapidly in early pregnancy and this test can be used to test up to 5 days before your missed period (which is 4 days before your expected period). If you test before your expected period and get a '-' result there is still a chance that you may be pregnant. See the chart below for results from clinical testing with early pregnancy samples:

Testing Early	
Number of days before the expected period	% of samples from pregnant women giving a '+' result
-1	95%
-2	90%
-3	82%
-4	51%

- To work out when your period is expected, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts.
- If you have irregular cycles, you should allow for your longest cycle in recent months before testing.
- If testing from the day your period is expected, you can test any time of the day. If testing early, use the first urine of the day. Avoid excessive fluid intake before testing.
- If the result is '-' and pregnancy is still suspected refer to question 8.

### 4 Can any medication or medical conditions affect the result?

- Always read the manufacturer's instructions for any medication you are taking before conducting a test.
- Fertility drugs containing hCG can give misleading results (these fertility drugs are usually given by injection, and testing too soon after administration may give a false '+' result).
- Other fertility therapies (such as clomiphene citrate), painkillers and hormonal contraceptives (e.g. contraceptive pill) should not affect the result.
- If you have recently stopped using hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
- If you have recently been pregnant (even if not carried to full term) you may get a false '+' result.
- Ectopic pregnancy, ovarian cysts, menopause and some very rare medical conditions can give misleading results.
- If you have a '+' result it is possible that you later find that you are not pregnant due to natural loss of the pregnancy which can occur in the early stages.
- If you do get unexpected results you should discuss them with your doctor.

### 5 I have used the test, but the wait symbol has not appeared. What does this mean?

The test has not been performed correctly. Please refer to 'Test errors' below.

### 6 I have used the test but no result has appeared on the display. What does this mean?

Your result should appear on the display within 3 minutes. If no result appears please refer to 'Test errors' below.

### 7 My test says I'm pregnant. What should I do?

If your result is '+' you should see your doctor who can advise you on what steps you should take next.

### 8 My test says I'm not pregnant. What should I do?

- You may not be pregnant, or the level of pregnancy hormone may not yet be high enough to be detected, or you may have miscalculated the day your period was due.
- If you tested early, test again when your period is due.
- If your period is overdue, test again in 3 days' time. If this test gives you a '-' result and you still have not had your period, see your doctor.

## Test errors

### Book error - an error has occurred during testing. It may be that:

- The absorbent tip was not kept pointing downwards or the test was not laid flat after urine was applied.
- Too much or too little urine was applied.
- You should test again using a new test, taking care to follow the instructions.

### Blank error - the test has not performed as expected.

This may be because the instructions for use were not followed. You will need to perform another test. Please follow the instructions for use carefully.

This IVD digital device meets the emissions and immunity requirements of EN 61326-2-6:2006.

The EMC countermeasures employed within the electronic instrument will provide reasonable protection against electromagnetic interference effects likely to be encountered in the home environment. The following preventive warnings apply to EN 61326-2-6:2006 compliant equipment.

- Use of this instrument in a dry environment, especially if synthetic materials are present (synthetic clothing, carpets etc.) may cause damaging static discharges that may cause erroneous results.
- Do not use this instrument in close proximity to sources of strong electromagnetic radiation (e.g., mobile phones), as these may interfere with the proper operation.

## www.clearblue.com

For product enquiries, please contact Customer Support at the address below:-

Marketing Authorisation Holder  
SPD Swiss Precision Diagnostics GmbH (SPD),  
Route de St Georges 47, 1213 Petit-Lancy, Geneva, Switzerland.  
Manufacturing Site: Alere (Shanghai) Diagnostics Co. Ltd. Shanghai, China.  
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For self-testing at home.

For *in vitro* diagnostic use only.

Not for internal use.

Do not reuse.

Single use.

Keep out of reach of children.

Store between 2° - 30°C.

Allow to reach room temperature for 30 minutes prior to testing if stored refrigerated.

Do not use if the foil wrapper is damaged.

Do not use after the 'use by' date.

This product includes batteries.

Dispose of in accordance with local regulations.

LOT	Batch code	IVD	<i>In vitro</i> diagnostic medical device	Manufacturer
Use-by date		Temperature limit 2°C - 30°C		Do not re-use

